

Self-Analytics

Harnessing the **Power of Self** for Success in Life and Living

**Four intensive
face2face
sessions**

**Supplementary
Moodle Class
interaction**

**Activities
spread across
Two months**



“Success is often linked to the extraneous rewards and positions you obtain and the ‘power’ you wield on your followers. But success in organizational terms and based on cognitive capabilities that you bring into your work, is how you optimize your talents to be constructively creative, optimally productive, and inclusively enriching. The extraneous rewards follow!”

- Satish Kumar Menon, Founder Director, thePi.

Prof. MK Menon Center
for Pattern Intelligence

ON COMPLETION OF THIS PROGRAM, YOU WILL WALK AWAY WITH:

1. Insights from almost 40 years of product research and engineering experience of the faculty and his passion for integrating (i) India's philosophical wisdom of the ages with (ii) tried and tested strategies for sustainable success in thought-powered industries, and (iii) the modern knowledge of cognition and neuroscience.
2. A self-leadership toolkit drawing on the strategic knowledge above, that will help you develop and refine your performance and leadership skills.
3. The ability to future-proof your career by fostering a culture of (i) creative dissonance, (ii) producing more than consuming, (iii) strategic foresight, and (iv) agility to build-establish-consolidate your profession/career.

TYPICAL SCHEDULE

<i>Week</i>	<i>Week</i>
0. Pre-workshop Orientation (<i>Zoom</i>)	4. In-class sessions (Modules 3, 4)
1. In-class sessions (Modules 1, 2)	5. Activity 3 (Module 3) (<i>Moodle</i>)
2. Activity 1 (Module 1) (<i>Moodle</i>)	6. Activity 4 (Module 4) (<i>Moodle</i>)
3. Activity 2 (Module 2) (<i>Moodle</i>)	7. Post-workshop Reflections (<i>Zoom</i>)



THIS WORKSHOP IS FOR YOU IF:

- You are in a thought-powered profession aspiring to become a leader in your own right, and to develop key skills for growth towards that goal
- You are in a leadership position looking to improve your professional and organizational capabilities
- You are a rookie in your profession and are looking to jumpstart your career path and growth
- You are a consultant, executive coach, or learning and development professional looking to assist in enhancing staff engagement and workplace culture
- You are interested in the eternal and profound wisdom of India's philosophical systems and how those insights can fuel your growth for sustainable success
- You are curious and keen to understand how modern neuroscience, cognitive studies, management strategies, and the insights of the seers are seemingly intersected in Self-Analytics



COURSE CURRICULUM

Over the duration of this hybrid program, you will work through the following modules:

Module 1

Selfless Work

Shaping Motivations, Attitudes, and Strategies

Discover the impact of understanding the Power of Self, and how it translates into your thoughts and actions.

Module 2

Sustainable Success

Dharma, Core Aptitudes, Success

Discover how you can transform your understanding into practical strategies.

Module 3

Inspiration

Diversity in Thinking: Globalization – Universal, Infinitude

Explore how you can translate strategic wisdom to inspired actions that inspire others too.

Module 4

Practice

Constructive Qualities and Strategies

Discover how to maximally manifest the Power of Self, and to monitor and assess your way towards that.

RESHAPE YOUR THINKING

Throughout this program, you will explore various knowledge domains and carryout activities that help you to maximize your thought-potential, and strategic wisdom to navigate a complex world. The following are part of the learning journey:





Lead Coach
Satish Kumar Menon
Director, thePi

As a Computing Scientist & Engineer, a former scientist with DRDO, Systems Engineer and Technology Manager in multinational firms abroad, incubator of the first global product R&D center of Esri (USA) in UAE, an avid life-long student of India's philosophical traditions, Satish is passionate about integrating the various knowledge of scientific domains, management methodologies, and values-based success strategies from the wisdom of the ages, that change the way thought-powered youth work. Through his classes Satish hopes to sustainably translate his experiences and reflections into tangible improvements in his students' professions and lives. He holds a Bachelors in Electrical Engineering (NIT-K), Masters in Electronics (DOE-CUSAT), Advanced Certifications in Software Engineering (CMU), and in Technology Management (Tepper, CMU), and a Certificate in Neuroscience for Business (Sloan, MIT). He has also obtained a Higher Diploma in Sathya Sai Education, and Certificates in Foundation Vedanta, Advanced Vedanta, Bhagavad-Gita, and Upanishads (CIF, India).

He is currently working to produce an integrated book on **Self-Analytix** which should serve as a practical handbook for aspiring leaders in thought-industries and is based on a secular and science-backed interpretation of India's eternal philosophical wisdom.



Prof. MK Menon Center for Pattern Intelligence

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